



## Post PicoSure Care

### Instructions:

- Wash the treatment area gently with soap and water. Do not soak
- Do not apply makeup or anything directly on the healing area that may irritate the skin for one day
- You can apply a cold pack to the treated area if you want to after your treatment to ease any swelling. You can also take an anti-inflammatory as long as you are not allergic to it. Avoid aspirin-based pain relief because it could increase unnecessary bruising at the treated area.
- Itching is very common because the laser tends to dry out your skin initially. You can use lotion twice each day to keep the treatment area hydrated
- For patients who are prone to breakouts or have sebaceous skin, consider waiting 24 hours before applying any topical products.
- Do not shave the treated area if crusting is evident
- Avoid contact sports or any other activity that could cause injury to the treated areas
- Avoid sun exposure between treatments. If sun exposure is unavoidable, use a SPK 30+ sunblock to cover exposed, treated areas
- If the area looks infected / you experience unusual discomfort or bleeding / any other complications develop / or if you have any questions or concerns – contact our office immediately at 909-483-7800. Of course if you have any extreme reaction – seek immediate medical attention.